

Ultimate NL - AGM 2022
October 25th, 2022
Elk's Club

Members present:

Hilary Walsh
Lana Roestenberg
Sophie Blais
Melissa Wheeler
Nick House
Cameron Penney
Greg Penney
Kelly Knight
Brandon Kilfoy
Mary Rideout
Michael Walsh
Jason Murphy
Colin Martin
Lauren Law
Aaron Power

Proxy votes:

Kari Jenkins to Melissa Wheeler
Kathleen Sullivan to Melissa Wheeler
Rob Langridge to Melissa Wheeler
Jill Henderson to Melissa Wheeler
Rachael Fitkowski to Melissa Wheeler
Sarah Dawe to Melissa Wheeler
Erin Elliott to Hilary Walsh
Will Kerr to Nick House
Craig Stoyles to Nick House

Membership:

- 998 members in 2021-22; 20.9% increase
- Adult (18+) female-matching membership has increased by 16%
- Adult membership increased by 9.3% (highest numbers ever)
- 2nd consecutive year of growth as we continue to emerge from a challenging pandemic period
- We are hopeful membership will return to pre-pandemic totals by next fiscal year

Procedures:

- COVID was still a significant challenge for most of the year
- Special Measures Order first lifted in March 2022 (mask mandate, NLVaxPass)

- Certain facilities still incorporated COVID-specific regulations (e.g. the Techniplex in St. John's)
- All COVID-19 regulations suspended → return to 'normal' game play

Diversity & Inclusion:

- Our summer students, Ava Whitten & Ryan Pickard, completed 3 clinics with the Association for New Canadians in July & August 2022
 - 85 unique participants for the clinic series
- Ultimate NL had a delegation in the St. John's Pride Parade in September 2022
 - First time the Parade has taken place since 2019

Fiscal Review:

Fiscal 2021-2022 Revenues	Budget 2021-22	Actual 2021-22*	Variance
Membership Dues	19,700	20,000	-300
Merchandise Sales	8,000	6,700	1,300
Operating Grant	3,000	6,100	-3,100
Other Grants	8,000	21,500	-13,500
Sport Development	3,500	10,000	-6,500
Summer Jobs	9,000	8,900	100
Tournaments	4,000	1,800	2,200
Youth Programs	20,000	12,100	7,900
Youth Tournament	8,400	6,400	2,000
Total Revenues	\$ 83,600	\$ 93,500	-\$ 9,900

Fiscal 2021-2022 Expenses	Budget 2021-22	Actual 2021-22*	Variance
Administration	4,700	5,700	-1,000
Award Recognition	2,500	600	1,900
Conference + Travel	4,500	900	3,600
Insurance	3,100	2,400	700
Membership Fees	2,400	2,400	0
Merchandise	10,000	5,900	4,100
PR + Comms	2,000	2,200	-200
Sport Development	6,400	15,500	-9,100
Employment	9,000	8,900	100
Tournaments	4,000	2,200	1,800
Youth Programs	19,000	9,900	9,100
Youth Tournament	16,000	18,400	-2,400
Total Expenses	\$ 83,600	\$ 75,500	\$ 8,600
Surplus (Deficit)		\$18,500	

Sport Development & Competition:

- International Spirit of the Game Day: December 4, 2021
 - We ran a contest and received 11 nominations for players that best represented SOTG.
 - Megan Dunnan was the winner and she received a Ultimate NL hoodie as a prize.
- Women's Skills Development Series:
 - 8 week program that ran from March to May, 2022
 - Tempest Ultimate players and Storm Ultimate coaches facilitated the session
 - This program was partially funded by the Wellness Coalition of Avalon East
- Masters Skills Series:
 - 6 weeks of skill development programming that ran from September to October, 2022
 - Community volunteers led the sessions
- Free Skill Development Clinics
 - We offered 4 free clinics this year, 2 in December, 2 in May
 - Focused on throwing, vertical/ horizontal offensive strategies, and breaking a zone
- Summer Outreach Clinic Series
 - Our two summer students completed 35 clinics, reaching a total of 1,053 participants
- Competitive Results:
 - Tempest Ultimate: 5th place at No Borders in Ottawa
 - Regiment Ultimate: attended No Borders; finished 10th overall in the Open Division at CUCs

Youth Ultimate:

- Discs for Schools Program:
 - To date we have provided 41 schools with discs to start or assist their ultimate programs
- Outdoor Ultimate - Foundation Sport:
 - The first outdoor ultimate School Sport NL regional took place in October 2021 in the metro region.
 - 10 teams participated; winner: Holy Spirit 2
 - The next outdoor ultimate regional is set to take place October 29th, 2022 (this weekend!)
- Senior High Provincial Tournaments:
 - May 7-8, 2022 at the Techniplex in St. John's
 - 10 teams participated; winner: Holy Heart 2; most spirited: WVH/ Gonzaga
- Junior High Provincial Tournaments:
 - 9 teams participated; winner: Frank Roberts; most spirited: Villanova
- Elementary Provincial Tournaments:
 - In the past we have had elementary divisions with our provincial tournaments, however, we really saw an impact on our ability to host this tournament through the COVID-19 regulations (e.g. no spectators meant parents were not able to watch/ chaperone their children).
 - We were unable to go ahead with this tournament this year but we are hopeful we will have this tournament again in 2023.
- Youth Coach Training Program:
 - A new program designed for young athletes (age 15-14) interested in developing coaching skills
 - First session took place last weekend, October 22, 2022
 - Participants in the program will be paired with schools looking to start or invigorate their school ultimate programming
- 2021-22 Youth Programming:
 - We have moved to a model where we ask parents to 'pay what they can' as a way to ensure that ultimate is accessible to anyone who wants to participate.

Program Name	Age Range	Participants
2021 Fall Youth Ultimate Leagues	14-18	33
2022 winter league canceled due to COVID rise	—	—
2022 Summer Youth Programs	8-10, 11-13, 14-16	102
Storm Provincial Jr. Teams	14-18	48

- 2022 Storm Women:
 - 28 participants, 24 traveling players
 - The Team attended Jr CUCs in Brampton, ON in August 2022
 - Finished in 11th place
 - Earned first 3 wins in team history!
 - Finished 2nd overall in spirit scoring
- 2022 Storm Open:
 - 20 traveling players
 - Also attended Jr CUCs in Brampton, ON in August 2022
 - Finished in 15th place; 2 wins overall
 - Ranked 3rd overall in spirit scoring

Community Outreach:

- 47 volunteers in 2021-22 (highest numbers since 2018-19)
- Unable to host our Awards and Volunteer Ceremony in person due to COVID-19 restrictions
- 2021 Award Winners:
 - Junior Female Athlete: Moira Costigan
 - Junior Male Athlete: Coady Murphy
 - Female Athlete of the Year: Erin Daly
 - Male Athlete of the Year: Cameron Penney
 - Coach of the Year: Craig Stoyles
 - Kristine Cadigan: Sophie Blais
 - Joe Coady: Kathleen Sullivan
 - Justin Frampton: Michael Walsh
 - Lifetime Achievement: Dave Finn

Events and Tournaments:

- Gale 4s Tournament:
 - Took place on April 16, 2022
- HuckFest Tournament:
 - Canceled due to Omicron variant
- Moving forward: hopefully regular tournament schedule can resume as we emerge from COVID-19 rules and restrictions

Communications:

- Website:
 - Mobile: 60%/ (tablet 2% of this); Desktop: 40%
- Newsletter:
 - 7 newsletters sent out in 2021-22; 2,061 subscribers
- Facebook:
 - 1,419 followers (up 15%); 1,287 likes (up 12%)
 - Top post: Jr. High Provincial Championship
- Twitter:

- 321 followers (up 13%)
- Top tweet: Senior High Provincial Tournament promo
- Instagram:
 - 708 followers (up 15%)
 - Top post: Summer Youth League wrap-up post

By-Law Amendments:

By-Law Amendment #1: Section 8 - Membership

Motion to accept: Michael Walsh

Seconded: Eric Ouellette

Passed unanimously

By-Law Amendment #2: Section 4 - Membership

Motion to accept: Nick House

Seconded: Brandon Kilfoy

Passed unanimously

By-Law Amendment #3: Section 6 - Board of Directors

Motion to accept: Nick House

Seconded: Lana Roestenberg

Passed unanimously

Board of Directors Election:

Elections Officer: Michael Walsh

President:

Nicholas House nominated by Nicholas House, seconded by Lana

Nick accepts and wins by acclamation

Vice-President:

Nick nominates Melissa Wheeler, seconded by Hilary

Melissa accepts and wins by acclamation

Financial Director:

Nick nominates Eric Oulette, seconded by Brandon

Eric accepts and wins by acclamation

Communications Director:

Melissa nominates Lana Roestenberg, seconded by Nick

Lana accepts and wins by acclamation

Youth Grade School Director:

Colin Martin nominates Hilary Walsh, seconded by Aaron Power
Hilary accepts and wins by acclamation

Youth Performance and Development Director:
Nick nominates David Whitney Brown, seconded by Hilary
David accepts and wins by acclamation

Events Director:
Melissa Wheeler nominates Jason Murphy, seconded by Nick
Jason declines
Nick House nominates Sophie Blais - Sophie Blais declines
Position will remain vacant; position will remain vacant until an individual is identified

Sport Development Director:
No nominations; position will remain vacant until an individual is identified

Community Outreach Director:
Greg Penney nominates Cam Penney, seconded by Lana
Cam accepts and wins by acclamation

Youth Programming Director:
Nick nominates Aaron Power, seconded by Hilary
Aaron accepts and wins by acclamation

Member at Large:
Nick nominates Sophie Blais, seconded by Hilary
Sophie declines
Melissa nominates Kelly Knight, seconded by Greg Penney
Kelly accepts